



## THE HUB: Behavioral Health Action Organization for Southwestern CT

### CALENDAR OF QUARTERLY MEETINGS FOR 2023-2024

*Please note: Meetings will be held **online & at times in person**. Recordings will be made available.*

#### **Regional Local Prevention Council (LPC) Meetings:**

- Limited to identified representatives of the Local Prevention Councils in Southwestern CT
- Focus on supporting state-funded coalitions to prevent substance misuse in their towns
  - Quarterly on 2nd Fridays starting in October, from 9:30-11:30 am October 13th, January 12th, April 12th, June 14th
- Melissa will send a calendar invite to the identified representatives

#### **Catchment Area Council Meetings (open to anyone interested): We have merged the CACs together and we are partnering with Network of Care.**

- Open to all; The Catchment Area Council (CAC) is an open community group. Our group includes individuals with lived experience with mental illnesses or challenges and/or substance use. The group also consists of providers, consumers, family members, friends, medical professionals, first responders, advocates, and more! We are a group of community members and stakeholders.
- Focus on sharing resources, identifying needs, and advocating to improve the behavioral health treatment and recovery system
- **CAC 1-4 (covering Darien, Greenwich, New Canaan, Norwalk, Stamford, Weston, Westport, Wilton, Bridgeport, Easton, Fairfield, Monroe, Stratford, Trumbull)**
  - The first meeting will be on September 14th, 2PM – 3:30PM. Then we will meet every month on the 3rd Thursday, 2PM – 3:30PM. Meeting dates are as follows: September 14th, October 19th, November 16th, January 18th, February 15th, March 21st, April 18th, May 16th, June 20th
- RSVP [Events | The Hub CT](#) for meeting link

#### **Regional Suicide Advisory Board Meetings (open to anyone interested):**

- Open to all; from Southwestern CT interested in working to address suicide.
- Focus on strategically planning, coordinating and supporting suicide awareness and safety efforts across the continuum of prevention, intervention, postvention and grief support, and recovery
  - Meets quarterly on the 3rd Thursday from 12:00 – 2:00 PM: September 21st, December 14th\*, March 21st, June 20th.
- \*Please note the December meeting will take place on the **second** Thursday to accommodate holidays.
- RSVP [Events | The Hub CT](#) for meeting information
- o Please reference our website to determine if the quarterly meeting will take place in person, virtually or in a hybrid capacity.

#### **Region 1 Gambling Awareness Team Meetings (open to anyone interested):**

- Open to anyone from Southwestern CT interested in raising awareness about problem gambling and gambling.

- Focus on raising awareness and developing prevention and treatment capacity in the region.
  - Meets quarterly on the 2nd Tuesday from 2:30 - 4:00 PM on Teams: October 10th, January 9th, March No Meeting for PGAM, April 9th, June 11th – **In person** at Burroughs Community Center
- RSVP [Events | The Hub CT](#) for meeting information

**Upcoming Lunch & Learns for 2023 & 2024 (open to all, please rsvp at [Events | The Hub CT](#)):**

These are some topics that we are coordinating to have in our region. We will announce and promote the events upon finalization. [Subscribe](#) to our newsletter and be in the know about all upcoming regional events. If you have a suggested topic, please let us know!

- **Gaming 101:** TBD
- **Legislative Forum:** Date TBD - Open to anyone interested in participating in a CAC Legislative Forum Workgroup. To join, email Kaitlin Comet at [kcomet@ryasap.org](mailto:kcomet@ryasap.org). Meetings vary and are dependent on the availability of members. The workgroup will begin meeting in September 2023.
- **Data 101** (CT Data Collaborative): TBD
- **The Hub 2022 Regional Needs Priority Report :** TBD
- **Keeping Families Safe:** Best Practices for Safe Storage of Substances (CT Poison Control): TBD
- **LGBTQIA+ & Allyship:** TBD
- **Check Up from the Neck Up :** TBD
- **Social Media Safety:** TBD

**Note:** Workgroups, lunch & learns, legislative, and other meetings and trainings will be announced throughout the year. Please make sure you're subscribed to our weekly newsletter to find out about these! To include your behavioral health event in the weekly newsletter, please send an image file to [info@thehubct.org](mailto:info@thehubct.org)