



TOBACCO & ENDS IN SOUTHWESTERN CT

Connecticut still has **not** prohibited the sale of flavored tobacco!

Tobacco

Tobacco product use includes cigarettes, smokeless tobacco (i.e., chewing tobacco or snuff), cigars, or pipe tobacco

Vaping & ENDS

Vaping refers to the use of electronic cigarettes or electronic nicotine delivery systems (ENDS). There are many types of electronic smoking devices, including e-hookahs, vape pens, e-cigarettes, and hookah pens.



37% of CT residents have had **at least 100 cigarettes** in their lifetime and **22%** smoke every day.



22% of CT residents have vaped, and **50%** of them report doing so every day during the **past 30 days**.



In Southwestern CT, high school students report having the **highest** vaping rates.



In Southwestern, CT there's been an increase in smokeless tobacco use amongst teens that included nicotine pouches, ZYN, being the most popular.



Amongst Southwestern CT students who vape, 2 out of 3 reported vaping cannabis.

CT VAPE AND E-CIGARETTE USE BY COMMUNITY

Suburban Communities



Urban Core Communities



Wealthy Communities



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4x

Students identifying as gay, lesbian, or bisexual are more likely to smoke cigarettes than their heterosexual peers.

2.5 million

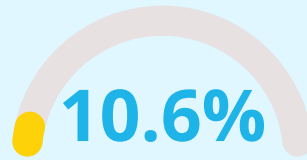
U.S. kids used e-cigarettes in 2022. Rates **more than doubled** between 2017-2019 but have started to come down.

Young people who use e-cigarettes may be **more likely** to smoke cigarettes in the future.

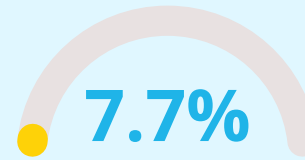


GOAL: Reduce vaping among 12-18-year-olds by 5% by 2025 in Southwestern CT.

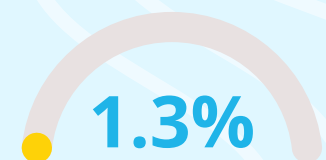
According to the 2021 CT Health Survey...



High school students who currently vape, a **decline** of **16.4%** since 2019



High school students who vape also report vaping marijuana



High school students who use cigarettes, a **decline** of **14.6%** since 2011

CURRENT TRENDS

- In 2022, youth reported **less vaping usage**, as low as 5%, in Southwestern CT, with an **increased perception of the risk and harm** of vapes.
- **Smokeless tobacco** use has increased among youth throughout Southwestern CT, including nicotine pouches.

RESOURCES

- [This is Quitting from the Truth Initiative](#)
- [Parents Against Vaping E-cigarettes \(PAVe\)](#)
- [BecomeAnEx.org](#)
- [Smokefree Teen](#)
- Local Prevention Councils are dedicated coalitions in reducing youth vaping. **Find an LPC near you** and get involved!

For More Info

Find resources and more thehubct.org/nicotine-vaping or scan the QR code below.

