

#nowyouknow

SUICIDE IN SOUTHWEST CT



2017 Suicide Deaths per 100,000 people:

13.4 U.S.

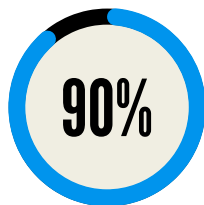
10 Connecticut

7 Southwest CT

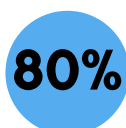
0-12 Range among
towns in
Southwest CT

*Up to 1/3 of drug overdose
deaths are suicides.*

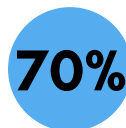
Suicide is tied to
mental illness in
90% of cases



OUT OF 157 SUICIDE DEATHS
IN SOUTHWEST CT
BETWEEN 2016 AND 2018:



White



Male



Average
Age

In a local youth
survey, **16% of
7th graders**
reported a
past-year
suicide attempt

CT TEENS ARE AT HIGH RISK FOR SUICIDAL IDEATION AND ATTEMPT

13.5% of CT high schoolers
reported seriously contemplating
suicide in 2017

8.1% had attempted suicide at
least once



16.8%
of girls



10.3%
of boys

More than 1 in 5 teens identifying as LGBTQ attempted suicide.

*Get Informed
Get Involved*

SUICIDE IN SOUTHWEST CT



GET THE FACTS

1. Suicide has been rising within the state and nation, including among young children.
2. Children who lose a parent to suicide have a 4X higher risk of dying by suicide.
3. After a suicide, affected schools and communities should follow safe messaging and postvention protocols to avoid a contagion effect.
4. To learn about more info, go to: thehubct.org/suicide

Crisis Resources:

- CT's mobile crisis intervention service: Dial 2-1-1, option 1
- Crisis Text Line: Text 741741
- Trevor Project (LGBTQ suicide prevention): 866-488-7386
- Postvention resources: www.preventsuicidect.org
- Southwest CT Suicide Advisory Board: info@thehubct.org
- Contact us for suicide prevention trainings.